THE BALLINCOLLIG PARISHIONER



St. Mary & St. John **Station Road**

Sunday 29-January-2012

Fourth Sunday In Ordinary Time

For some people it is a fearful thing to imagine being face to face with God. For those in Christ, however, such fear is overcome because with him the presence of God neither torments nor annihilates but brings human life to perfection.



Christ Our Light Innishmore

"O That Today You Would Listen To His Voice"

In our first reading from the Book of Deuteronomy Moses is describing the prophet that God promised to his people, a prophet who will speak God's very words and commands: "I will raise up a prophet like yourself for them from their own brothers; to him you must listen; I will put my words into his mouth and he shall tell them all I command him". Jesus is the prophetic voice promised in this first reading. In the Gospel story we see him joining in public worship at the Synagogue in Capernaum where he preaches the word of God; he heals; and he drives out evil spirits. His teaching made a deep impression on his listeners and as he spoke with such authority they began questioning one another what all this could mean. This was a new experience for the people gathered in worship and as we read in the final verse of the Gospel: Jesus' reputation rapidly spread everywhere, through all the surrounding Galilean countryside. His word remains as powerful and as effective today as it was back then. Each time we receive the Sacrament of Reconciliation we hear Jesus words spoken to us through the ministry of the priest, "Your sins are forgiven". We can also be open to the power of God's word every time we read or listen to the Scriptures.

Jesus came to draw all people to himself seeking us out, lighting up the hidden, dark places in our lives. He uses his power to liberate people from the evil forces that dominate their lives. As sinners, we have to confront our own inner 'demons' - greed, hate, envy, not willing to forgive others, selfishness etc - whatever it is that is opposed to God's spirit of love. We pray that in being open to God's loving forgiveness, we may be filled with the gifts of his Spirit - gifts of love, joy, peace, patience, kindness, generosity, faithfulness, gentleness and self-control.

Following his encounter with Jesus, we see the man that had been 'possessed by the unclean spirit' now experiencing the freedom of new life. Jesus offers the same new life to us also. Do I believe that God's word has power to set me free and to transform my life? Lord help us to face our own inner demons and to hear your voice speaking within us. As we hear in the words of the Psalmist: "Oh that today you would listen to His voice - harden not your hearts".

Sr. Colette

PRAYERS OF THE FAITHFUL

Priest

Let us with confidence bring our needs before the Lord, knowing that he will listen to our cries as Jesus listened to the cry of the sick men in the synagogue.

Reader

For the Pope and the bishops: that they may preach the Gospel with authority.

Lord, Hear us,

Lord, graciously hear us.

For all who hold public office: that their deeds may match their words.

Lord, Hear us,

Lord, graciously hear us.

For the victims of broken promises.

Lord, Hear us,

Lord, graciously hear us.

For those who are suffering from mental illness, and for those who care for them

Lord, Hear us,

Lord, graciously hear us.

For all gathered here: that our lives may bear witness to the faith we profess with our lips.

Lord, Hear us,

Lord, graciously hear us.

For our own special needs.

Lord, Hear us,

Lord, graciously hear us.

Priest

Lord, grant that what we say with our lips, we may believe in our hearts, and practise in our lives. We ask this through Christ our Lord. Amen.

Reflection for Parents

It is an awesome responsibility to have authority over another person. Our very use of that authority has the potential of lifting people up or tearing them down. The greatest responsibility we have rests in the authority we have over our children. The words we choose, the tone of voice we use to speak to them and the actions our children see us take, relate to them the authority Jesus has over us. It's often a sobering experience to think back over the day and recall what kind of witness we've been for Jesus. Our hope is that we can try again tomorrow.

O that today you would listen to his voice! Harden not your hearts.

Visit Our Website: www.ballincolligparish.ie

BAPTISMS

WE WELCOME TO OUR COMMUNITY ALL THOSE WHO WERE BAPTISED RECENTLY:

Caoimhe Mary McGuinness, Highfield Park.

Conor Andrew Quinlan, The Cedars, Classes Lake.

Antoinetter Moore, Coopers Grange, Old Quarter.

Evan James Harrington, The Meadows, West Village.

† IN SYMPATHY †

PLEASE PRAY FOR THE FAMILY AND FRIENDS OF THE RECENTLY DECEASED:

Geraldine Harrison (nee O'Mahony), London & Fermoy. Diarmuid Murphy, Blarney.

May (Mary) Keohane, Leeview, Inniscarra.

PLEASE PRAY FOR THE REPOSE OF THE SOULS OF THE FOLLOW-ING WHOSE ANNIVERSARY OCCURS OR OTHERWISE REMEM-BERED:

Tim & Sheila Coakley, Castlehaven

Bill & Kitty O'Connell, Ballyphehane.

Kevin Byrne. Parknamore.

Donal & Annie Noonan, Bonaventure Place.

Michelle Hogan, Maglin Vale.

Paul McDonnell, Donoughmore.

Joan Murphy, Clash.

Josephine Boylan, Maple Lawn.

Patrick, Peg & Sean O'Mahony, Kealkill.

Martin Cuddihy, Tipperary.

Jack Lynch, Kilmurry.

Sean Dunne, Muskerry Estate.

Con O'Sullivan, Ardkilleen, Enniskeane.

James & Margaret O'Mahony, Skibbereen.

Bernie O'Brien, Douglas.

Sean Coakley, "Hillview", Muskerry Estate.

Daniel & Margaret Duggan, Temple Martin.

Mamie Kavanagh, East Gate.

Olive Desmond, Aherla.

Martin Rice, Fermoy.

Mary Ellen Kelleher, Maglin.

Margaret McCarthy, Rosewood.

Eileen O'Connor, Wicklow.

Bernie O'Connor, Wicklow.

Tom Enright, Nadd.

Thomas & Eileen Reid, Curraheen.

Sheila O'Donovan, Rochestown.

Mary Whelan, Rosewood.

Mary Cronin, Manor Hill.

Dec members of the Reilly & Hanney families.

Grace O'Connell, Dublin.

Philip & Thomas Murphy, South Douglas Road.

Martin & Eily Murphy, Hodders Villas.

The Cunningham family, Waterford.

Trevor Philips, England.

Gramophone Recital

Musical morning in the Ballincollig Library from 11.00am on Tuesday 31st January 2012. This month's musical choice is presented by Joe Kennelly.

Admission free all are welcome.

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READINGS FOR THE WEEK

Fourth Week In Ordinary Time

29 Sunday Deut 18:15-20. Ps 94. 1 Cor 7:32-35. Mk 1:21-28. Lect l:745.

30 Monday 2 Sam 15:1314, 30, 1&5-13. Ps 3. Mk 5:1-20. Lect II: 498

31 Tuesday 2 Sam 18:9-10, 14, 24-25, 30-19:3. Ps 85. Mk 5:21-43. Lect II: 500

01 Wednesday Rom 12:3-13. Ps 148. Mk 3:31-35 or Lk 11:27-28 Lect II: 1319

02 Thursday Mal 3:1-4 or Heb 2:14-18. Ps23. Lk 2:22-40. Lect l: 967 or ll: 940

03 Friday Eccles (Sir) 47:2-11. Ps 17. Mk 6:14-29. Lect II: 508

04 Saturday 1 Kgs 3:4-13. Ps 118. Mk 6:30-34. Lect ll: 510

Next Sunday's Readings 05-February-2012

Ballincollig Parish Bereavement Support Group

A Bereavement Support Programme will commence in Ballincollig on <u>Tuesday 7th February</u> and will continue each Tuesday night for 8 weeks (7.30 to 9.30 pm). This programme is held in a small group setting. It provides a safe place where all who are grieving the loss of a loved one will have the opportunity to share their own personal grief and experience the support of others.

For further details please contact:

Sr Colette at 086 3557375

"Mothers' Prayers" Continue

Every Wednesday at 10.30 am

Meeting Room at Christ our Light Church

<u>Every Thursday at 10.00 am</u> Library Room, Parish Community Hall

We welcome Mothers, Grandmothers, Godmothers to join us in prayer for our children and the youth of our parish on one of these mornings.

Free Computer Training

6 hours of free training on internet/email usage at

The National Learning Network, Model Farm Road on weekdays from 4 to 6 pm, weeknights 7 – 9 pm or on

Saturday mornings 10 – 12 pm. you decide what time suits you best! Training Commences 4th February.

For more information:-

Contact alice or maria at 021 4341028.

Funded by the Department of Communications

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Sunday 29-January-2012

THE BALLINCOLLIG PARISHIONER

THE SUNDAY READINGS

First Reading: Deuteronomy 18:15-20

God promises to raise up a prophet who will speak God's word to the people.

Second Reading: 1 Corinthians 7:32-35

St Paul explains that the gift of celibacy helps him give

full attention to the Lord.

Gospel: Mark 1:21-28

Much of Jesus' teaching took place in a synagogue and specifically in today's reading, the synagogue at Capernaum was filled with Jewish people from Galilee. Jesus' listeners were surprised by his knowledge and authority. He especially surprised them when he cast out an evil spirit from one of the men. The evil spirit recognized who Jesus was and called him "the Holy One of God." The people didn't understand this meaning. Only the evil spirit recognised Jesus. The people, however, were impressed by Jesus' deeds and brought others to him for healing.

Found

August 2009

Diamond Ring with initials and date engraved.

Gardai were notified. Enquiries to: 0870567794

Lourdes 2012 - Young Adults

An invitation to young adults (18-35) to join our group going to Lourdes from 11th to 16th June travelling from Cork with the diocesan pilgrimage to assist in taking care of the sick from our diocese. It is an opportunity for you to make new friends, spend time together walking in the footsteps of Saint Bernadette, sharing the story of Lourdes and taking time to pray and reflect on the message of Lourdes.

For further information or to book a place contact Sr Karen 021 4537601 or email: karen.kent@corkandross.org

The Social and Health Education Project Community Courses in Ballincollig

Venue: SHEP, Ballincollig

Course Places Must Be Booked In Advance

Men's Well-being

Start Date: Wednesday 1st February Time: 7.30 - 10pm

This course is open to men of all ages who are interested in looking at the issues which have an impact on their lives. No prior qualifications are needed – just a willingness to be personally involved and interact with others.

The provision of SHEP courses is supported by the HSE and Cork City VEC to make them as accessible as possible to those who would most benefit from them.

The course runs for a total of 20 hours over either 8 or 10 weeks.

For further information or to book your place, phone Kerri Fitzgerald: 021 466 6180

Bulletin Board

Special Collection for Diocesan Needs.

Bishop Buckley issued a letter on Sept 27th outlining the income and expenditure of the diocese of Cork and Ross. He paid particular attention to the central fund of the diocese, this is the working fund of the diocese; it supports the diocesan office, Education office, parish development office, child protection office and Marriage Tribunal. There are a number of sources of income for this fund, among them contributions from parishes, donations and investment incomes. There was a shortfall of €375,000.00 for 2010; similar shortfalls are predicted for the current year and into the future. The letter acknowledges that many families are already struggling to make ends meet. The Bishop proposes that each parish take up a second collection each quarter beginning in October 2011. This collection will be taken up at all Masses this weekend (Jan 28th & 29th). Thanking you in anticipation for your support for this diocesan collection.

First Friday

Friday February 3rd is the first Friday of the month. There will be exposition of the Blessed Sacrament in St Mary & St John from 6.00 pm to 7.00 pm, (before the blessing of the throats for the feast of St. Blaise) you are invited to come and spend some time with the Lord. There is Mass in St Mary & St John on Friday evening at 8.00 pm. The priests of the parish visit the sick of the parish on the first Friday of each month; please let us know if you have a family member or neighbour who is sick or housebound.

Feast of the Presentation of Our Lord.

Thursday 2nd February the feast of the Presentation of Our Lord candles will be blessed during the morning masses.

Feast of St Blaise

Friday 3rd February is the feast of St Blaise. Throats will be blessed after morning masses and at 7.00 pm in St Mary & St John.

Dates for Pre Marriage Courses

Ballincollig March $23^{rd}/24^{th}$ October $12^{th}/13^{th}$

Carrigaline Feb 24^{th} / 25^{th} October 4^{th} / 5^{th}

Please contact Sandra in Bantry Centre on 027 50272 with any queries.

Bookings can be made directly on line email admin@accord.ie

Fr. George

Irish Blood Transfusion Service

The Irish Blood Transfusion Service Will Hold A Blood Donor Clinic In

 $\begin{array}{ccc} & \textbf{Ballincollig} & \textbf{GAA Pavilion} \\ \text{Mon 13}^{\text{th}} & \text{February,} & 4.30-8.00 \\ \text{Tue 14}^{\text{th}} & \text{February,} & 4.30-8.00 \\ \end{array}$

Ovens Éire Óg GAA Hall

Wed 15^{th} February, 5.00 - 8.30Thu 16^{th} February, 5.00 - 8.30

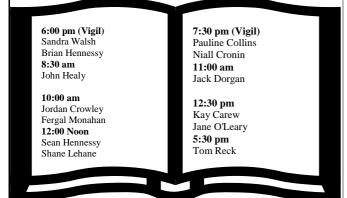
THE BALLINCOLLIG PARISHIONER

MINISTERS OF THE WORD

Feb-04 & Feb-05-2012

St. Mary & St. John

Christ Our Light





MINISTERS OF THE EUCHARIST

Feb-04 & Feb-05-2012

St. Mary & St. John

Christ Our Light

6.00 pm	Patsie Murphy	7:30 pm	Sheila O'Connor
	Pat Moore		Martin O'Regan
	Mary Walsh		Brid Healy-Harris
	Marie Healy		Kit Cahill
	Margaret Kearney		
	Nora Barry	11:00 am	Bernadette Spillane
8:30 am	Theresa Lucey		Angela Cunningham
	Rita Murphy		Laurence Cunningham
	Mona Holland		Eileen Byrne
10:00 am	Tadgh Murphy		Carmel Ryan
	Mary Murphy	12:30 pm	Eileen Garvey
	Joan Tobin	_	Sally Power
	Eileen O'Connell		Breda Callanan
	Niamh Nic Gerailt		Catherine Freehill
	Breda Monaghan		Betty Walsh
12 Noon	Marie Bowen Breda Lenihan Jacinta Jeffers	5:30 pm	Olan O'Mahony Ann-Marie Whelan

MASS TIMES

St. Mary & St. John	Christ Our Light	
8:30 am, 10 am & 12 noon	Sunday	11 am, 12:30 pm & 5:30 pm
9:30 am	Monday	8:30 am
9:30 am	Tuesday	8:30 am
9:30 am	Wednesday	8:30 am
9:30 am	Thursday	8:30 am
9:30 am	Friday	8:30 am
10:00 am & 6 pm (Vigil)	Saturday	7:30 pm (Vigil)

CONFESSIONS

After 10:00 am Mass & before 6:00 pm Mass

Saturday

BAPTISMS

4:30 pm Except First Saturday of Month	Saturday	4:30 pm First Saturday of Month
12:45 pm	Sunday	

PARISH	CLERGY
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Priest on Duty	087-2479140
Fr. George O'Mahony P.P.	021-4871206
Fr. Michael O'Mahony C.C.	021-4877161
Fr. Billy O'Sullivan C.C.	021-4876171
Fr. James McSweeney	021-4873308

XPERT Programme Free Diabetes Group Education Programme

Maeve Carmody, a senior community dietitian with the HSE will be starting a group education programme for people with type 2 diabetes in February. The local X-PERT programme is a FREE six-week (2½ hours a week) group diabetes education programme and will be held in Ballincollig. If you are interested in attending the Programme in Ballincollig please contact Maeve on 087 1234035 for further information.



Rena O'Connor

Sean Farrell Mary Hennigan

For Families of Children Preparing for First Holy Communion Learning About the Mass with Kath and Qumen Seven Ways We Know the Gospel Is Important!

- 1. We stand.
- 2. We sing or say an acclamation to welcome the Gospel.
- 3. The reading can only be done by the priest or by a deacon.
- 4. The priest greets us again with the same words used at the beginning of Mass.
- 5. The priest makes the sign of the cross four times. First on the Book of the Gospels and then on his forehead, his lips and his breast. We do the same on our foreheads, lips and breast. We do this to remind us that God's word should always be on our minds, on our lips and in our hearts.
- 6. At the end of the Gospel the priest says: 'The Gospel of the Lord' and we answer: 'Praise to you Lord Jesus Christ.'
- 7. The priest kisses the book.