

# THE BALLINCOLLIG PARISHIONER

150 Years



St. Mary & St. John  
Station Road

## Sunday 27-November-2016

### First Sunday of Advent

*Christ was born into the world to be the light of all people on their through life. Today we renew our dedication to live as He has shown us, so that when He comes again we will be ready to receive him.*



Christ Our Light  
Innishmore

#### Advent

Advent is the name given to the four weeks before Christmas. During Advent we prepare and wait to welcome Jesus on His birthday. The readings from the prophet Isaiah remind us that people waited for the Messiah for thousands of years, they looked forward to the coming of their new leader. Jesus surprised people when He came. May Jesus also surprise us on His birthday.

We hope because of God's. As we hear on Sunday he promised to send a saviour and he sent his son. The son promised that the Spirit of God would make a home in our hearts enabling us to share friendship with God. This is the reason for our hope. Recognising his presence in others, responding to it in varied ways keeps hope alive. A person of hope lives forever.

Sunday's gospel encourages us to prepare a way for the Lord by keeping hope alive in our hearts today.

Try your best to come to the retreat Monday, Tuesday & Wednesday this week and make time to welcome Jesus.

*George O'Mahony*

#### First Sunday of Advent

Lord, help us to remember that YOU are near us always as we struggle, step by step, to get nearer to YOU, in this special season. "God of Hosts, bring us back; Let Your face shine on us and we shall be saved"



#### PRAYERS OF THE FAITHFUL

##### Priest

Let us turn to the Lord in our needs, confident that he will give us his saving help.

##### Reader

For the Church: that it may continue to work and pray for the coming of the Kingdom of God.

**Lord, Hear us,**

**Lord, graciously hear us.**

For political leaders: that they may work to create a world where justice and peace may reign.

**Lord, Hear us,**

**Lord, graciously hear us.**

For all those you live without faith and have nothing to hope for.

**Lord, Hear us,**

**Lord, graciously hear us.**

For all gathered here: that we who recognise Christ as our Saviour, may follow him in our lives and for all the dead: that God may keep them in his care – those we have loved and those no one remembers.

**Lord, Hear us,**

**Lord, graciously hear us.**

For those who are suffering the effects of war, famine and persecution in particular the people of Aleppo, Mosul & Nigeria.

**Lord, Hear us,**

**Lord, graciously hear us.**

For a moment, we remember in silence our own particular needs.

**Lord, Hear us,**

**Lord, graciously hear us.**

##### Priest

Heavenly Father, in your mercy keep us free from sin and protect us from anxiety as we wait in joyful hope for the coming of our Saviour Jesus Christ. We ask this through Christ our Lord. Amen.

*I rejoiced when I heard them say: 'Let us go to God's house.'*

Visit Our Website: [www.ballincolligparish.ie](http://www.ballincolligparish.ie) or Facebook [www.facebook.com/BallincolligParish](https://www.facebook.com/BallincolligParish)

† IN SYMPATHY †

**PLEASE PRAY FOR THE FAMILY AND FRIENDS OF THE RECENTLY DECEASED :**

John Dore, Newcastle West.  
 Harry Reid, London/Curraheen.  
 Esther Woods, Ladysbridge.  
 Eily Fitton, Beech Park.  
 Myles Ronan, Oaklee.  
 Rose Ebili, Nigeria.  
 Noel Cashman, Nadd.

**PLEASE PRAY FOR THE REPOSE OF THE SOULS OF THE FOLLOWING WHOSE ANNIVERSARY OCCURS OR OTHERWISE REMEMBERED:**

Eileen O'Donoghue, Canovee Road.  
 James & Eileen O'Donovan, Leap.  
 Rona McGlennon, Leeddale Drive.  
 Brian Calnan, Coolroe Meadows.  
 John Walsh, College Square, College Road.  
 Joseph Lombard, Coachford.  
 Mary Lawlor, Bandon.  
 Joe & Patrick Linehan, Courtbrack.  
 Tony O'Neill, Montenotte.  
 Denis Woods, Ladysbridge.  
 Ned Fitton, Maglin.  
 Patrick Nolan, Carlow.  
 Denis Carroll, Crookstown.  
 John Cahill, Church Organist  
 Lily, Joe & Andrew Healy, Drogheda.  
 Martin O'Neill, Castlepark.  
 John & Elise Creedon, Ballyvourney.  
 Deceased members of the Creedon Family, Ballyvourney.  
 Michael Giltinan, Maglin View.  
 Robert Tyrell, Oaklee, Carrigrohane.  
 Tom & Kate Durcan, Mayo.  
 Dermot Barry-Murphy, Carriganarra.  
 Stephen Spitere, Glasheen.  
 Philip & Nora Holland, Bishopstown / Timoleague.

**Reflection for Parents**

There is more work for parents to do in a day than will ever get done. Some of us work outside our homes while some stay at home. In either case there are always bills to pay, laundry to wash, meals to prepare, errands to run and things to fix. Unless we deliberately set aside time to prepare ourselves and our families for Jesus' return, we will continue with the busyness of everyday life like the people of Noah's time and the workers in the field and at the mill. Especially at this time of year, it is easy to get caught up in the demands centred on Jesus' birth rather than his return.

READINGS FOR THE WEEK

First Week Of Advent

27 Sunday Is. 2:1-5. Ps. 121. Rom. 13:11-14. Mt. 24:37-44. Lect I: 3  
 28 Monday Is. 4:2-6. Ps. 121. Mt. 8:5-11. Lect I:11  
 29 Tuesday Is 11:1-10. Ps. 71. Lk. 10:21-24. Lect I: 13  
 30 Wednesday Rom. 10:9-18. Ps. 18. Mt. 4:1 8-22. Lect II:1279  
 01 Thursday Is. 26:1-6. Ps. 117. Mt. 7:21 .24-27. Lect I:18  
 02 Friday Is. 29:17-24. Ps. 26. Mt. 9:27-31. Lect I:20  
 03 Saturday Is. 30:19-21, 23-26. Ps. 146. Mt. 9:35-10:1,6-8. Lect I:22

**Next Sunday's Readings 04-December-2016**

Is. 11:1-10. Ps. 71. Rom. 15:4-9. Mt. 3:1-12. Lect I: 24

**BAPTISMS**

**WE WELCOME TO OUR COMMUNITY ALL THOSE WHO WERE BAPTISED RECENTLY :**

Penny Marie Sorensen, Highfield Park.  
 Luke Padraig Sheppard, Classes Lake.

**THE SUNDAY READINGS**

First Reading: Isaiah 2:1-5  
 The Prophet Isaiah speaks of a time when all the nations will hear the Word of God and be united.

Second Reading: Romans 13:11-14  
 St. Paul issues a wake-up call for this Advent season.

Gospel: Matthew 24:37-40, 44.  
 The emphasis of today's Gospel is on the second coming of Jesus. Matthew refers to three events that show we do not know when Jesus will return, but the message is clear: we are to be ready! The first reference Matthew makes is to Noah and the flood. People were occupied with their daily lives / eating, drinking, and marrying. In the second example, men were working in the field and women were grinding at the mill. Some were taken and some remained. In the final example, the master of the house could have prevented the robbery if only he had known when the thief would come. This Gospel is a stern caution for each of us to live in preparation for Jesus' return.

**CROWLEY**

**FUNERAL DIRECTORS**

*Bóthar Saclay, Ballincollig, Co. Cork*  
 Tel: 021-4874777 Mobile: 087-2759254  
 Email: [michaelfd@eircom.net](mailto:michaelfd@eircom.net)  
[www.crowleyfuneraldirectors.ie](http://www.crowleyfuneraldirectors.ie)  
 Complete Funeral Arrangements  
 24 Hour Service Embalming Service  
 Member I.A.F.D.  
 Golden Charter Funeral  
 Pre-Planning Available

***I Chose To Look The Other Way***

I could have saved a life that day,  
But I chose to look the other way.

It wasn't that I didn't care;  
I had the time, and I was there.

But I didn't want to seem a fool,  
Or argue over a safety rule.  
I knew he'd done the job before;  
If I spoke up he might get sore.

The chances didn't seem that bad;  
I'd done the same, he knew I had.  
So I shook my head and walked by;  
He knew the risks as well as I.

He took the chance, I closed an eye;  
And with that act, I let him die.  
I could have saved a life that day,  
But I chose to look the other way.

Now every time I see his wife,  
I know I should have saved his life.  
That guilt is something I must bear;  
But isn't something you need to share.

If you see a risk that others take  
That puts their health or life at stake,  
The question asked or thing you say;  
Could help them live another day.

If you see a risk and walk away,  
Then hope you never have to say,  
"I could have saved a life that day,  
But I chose to look the other way."

by: Don Merrill

***Advent Retreat 2016***

***Church of St. Mary & St. John***

Monday November 28th  
Tuesday November 29th  
Wednesday November 30th

Morning: Mass 7.00am

Evening: Prayers; Homily; Liturgy 8.00pm

Themes:

1. Mercy Living God (Monday)
2. Mercy on the Margins (Tuesday)
3. Mercy in Action (Wednesday)

All welcome

***Bulletin Board***

***First Friday***

Friday December 2nd is the first Friday of the month. There will be exposition of the Blessed Sacrament in St Mary & St John from 6.30pm to 7.45pm, you are invited to come and spend some time with the Lord. There is Mass in St Mary & St John on Friday evening at 8.00pm. The priests of the parish visit the sick of the parish on the first Friday of each month; please let us know if you have a family member or neighbour who is sick or housebound.

***Family Mass (formerly Children's Mass)***

The next Children's Mass for children in second class preparing for their first Holy Communion will take place on Sunday December 4th, at 11.00am in Church of Christ Our Light. The Parents of children who are seven and eight are asked to bring them to this Mass. Preparation with the children commences in the main body of the church at 10.45am. Small children preschool/infants/1st class retire to the crying room where they celebrate the Liturgy of the Word in a child friendly fashion. They will return to the main church at the start of the offertory procession.

***Mass Diaries***

Mass Diaries to book Mass intentions for January, February and March 2017 will be opened in both churches on Saturday 10th December at 9.00am  
Priority will be given to those booking 1st Anniversary Mass.

***Novena for the Dead***

Sincere thanks to all who made a big effort to attend the Mass during the first week of November. Your effort to pray for and remember your dead is so heartening to everybody. Special thanks to all who made donations for the support of the priests of the parish.

***Graveyard***

Considerable efforts are made to maintain and keep clean the graveyard adjacent to St Mary and St John's Church. Many families take good care of their graves. However some continue to dump plastic and various kinds of litter in the graveyard. I appeal to all please to remove rubbish and plastic from the graveyard and show respect for the dead.

***Autumn Dues***

The priests of the Parish would like to thank you for returning the Autumn Dues Envelopes. Your continued support is much appreciated.

**Mass** is broadcast from St Mary and Johns' each morning. To receive the broadcast special radio needed cost 35 euro. Please let us know if you are interested

**September 2016** a parishioner Saibh received her leaving cert results went to work in Calcutta with the people of Hope. Saibh is settled and busy with the people of Hope. Next weekend there will be envelopes in the church to provide opportunity for all interested to donate and help Saibh in her work.

Fr. George

**MINISTERS OF THE WORD**

Dec-03 & Dec-04-2016

**St. Mary & St. John**

**Christ Our Light**

**6:00 pm (Vigil)**  
Karen Sheehan  
Darragh Lankford  
**8:30 am**  
Tom McDonagh  
Sean Casey  
**10:00 am**  
Tony Hegarty  
Daithi O'Floinn  
**12:00 Noon**  
Declan Chalmers  
Sean Manley

**7:30 pm (Vigil)**  
Pauline Collins  
Dyan Ebili  
**11:00 am**  
Cormac Manning  
**12:30 pm**  
Kay Carew  
Jane O'Leary  
**5:30 pm**  
Christine O' Brien

**MASS TIMES**

**St. Mary & St. John**

**Christ Our Light**

8:30 am, 10 am & 12 noon	<b>Sunday</b>	11 am, 12:30 pm & 5:30 pm
7 am & 9:30 am	<b>Monday</b>	8:30 am
7 am & 9:30 am	<b>Tuesday</b>	8:30 am
7 am & 9:30 am	<b>Wednesday</b>	8:30 am
9:30 am	<b>Thursday</b>	8:30 am
9:30 am	<b>Friday</b>	8:30 am
10:00 am & 6 pm (Vigil)	<b>Saturday</b>	7:30 pm (Vigil)

**CONFESSIONS**

After 10:00 am Mass & before 6:00 pm Mass **Saturday**

**BAPTISMS**

4:30 pm	<b>Saturday</b>	4:30 pm
Except First Saturday of Month		First Saturday of Month
12:45 pm	<b>Sunday</b>	

**PARISH CLERGY**

Priest on Duty	087-2479140
Fr. George O'Mahony P.P.	021-4871206
Fr. Cian O'Sullivan C.C.	021-4876171

**Funeral Pastoral Team Rota**

28-Nov-2016 to 04-Dec-2016

Michael O'Leary  
Kay O'Sullivan

**Music Morning**

Monthly Music Morning Ballincollig Library will resume on Tuesday next November 29th at 11am and will be presented by Pat Lemasney. Everybody is welcome and a "cuppa" will be served.



**MINISTERS OF THE EUCHARIST**

Dec-03 & Dec-04-2016

**St. Mary & St. John**

**Christ Our Light**

**6.00 pm** Patsie Murphy  
Pat Moore  
Mary Walsh  
Marie Healy  
Margaret Kearney  
Nora Barry

**8:30 am** Theresa Lucey  
Tom Butler  
Triona Collins

**10:00 am** Mags Bunyan  
Mary Murphy  
Joan Tobin  
Breda Monaghan  
Niamh Nic Gearailt  
Mary Hennigan

**12 Noon** Marie Bohan  
Breda Lenihan  
Jacinta Jeffers  
Rena O'Connor  
Sean Farrell

**7:30 pm** Sheila O'Connor  
Martin O'Regan  
Brid Healy-Harris  
Kit Cahill

**11:00 am** Carmel Ryan  
Eileen Byrne  
Laurence/ Angela Cunningham  
Bernadett Spillane  
David Mahony / Stella McVeigh

**12:30 pm** Eileen Garvey  
Breda Callanan  
Catherine Freehill  
Betty Walsh

**5:30 pm** Olan O'Mahony  
Noel Kelleher

**Managing Stress**

Stress is a negative state which commonly involves anxiety, fear and agitation. It happens when demand is being placed on a person that is not easily met.

Many areas of our daily lives cause us to feel varying degrees of pressure. When that pressure has a negative effect on physical or mental health it has become stress. Common stressors include money worries, career issues, relationship conflicts and major life changes.

Symptoms of stress may include increased heartbeat, upset stomach, sweaty palms, change in appetite or disrupted sleep patterns.

Learning how to recognise the sources of stress in your life is the first step in managing them. Coping mechanisms may include adopting more healthy lifestyle habits such as eating a more well balanced diet, taking regular exercise and getting enough sleep. Practicing relaxation techniques such as meditation or yoga may also help relieve stress.