

"The faithful by receiving ashes, enter upon the season appointed for spiritual purification. This sign of penance, biblical in origin and preserved among the customs of the Church until our own day, expresses the human condition as affected by sin. In this sign we outwardly profess our guilt before God and thereby, prompted by the hope that the Lord is kind and compassionate, patient and abounding in mercy, express our desire for inward conversion. This sign is also the beginning of the journey of conversion that will reach its goal in the celebration of the sacrament of reconciliation during the days leading to Easter." (Ceremonial of Bishops).

The Christian tradition of Lent as "The Great Fast" is a very ancient and universally respected one. Each year at the beginning of Lent Christians are reminded that prayer and fasting bring about the vitally important change in their lives. Modern living conditions have modified the severities experienced in former times. In the present discipline of the Catholic Church the regulations prescribe that Ash Wednesday and Good Friday are to be observed as days of fast and abstinence.

Fasting means that the amount of food we eat is considerably reduced. Abstinence means that we give up a particular kind of food or drink or form of amusement. Those over eighteen are bound by the law of fasting until the beginning of their sixtieth year, while all over fourteen are bound by the law of abstinence.

There are many motives for fasting: to praise God by recognising that the good things we abstain from are gifts from God, to train ourselves in self-denial for times of temptation to sin; to do penance in atonement for sin; to prepare for a feast - to heighten the enjoyment. So Lent prepares for Easter; to make an act of communion with those who live in want, fasting in solidarity with them, and then contributing to the needy.

# Maranatha

Maranatha is a full-day faith-based, high energy music event for young people from parishes across the diocese attending post-primary schools. Students from over half of the post primary schools have already been preparing for Maranatha 2025. This cumulates in a concert in Cork City Hall on Thursday 6th March with over 500 young people and musicians singing together. Maranatha was created to bring young people together to celebrate their faith and identity through music and have fun at the same time. Please support our young people by coming to this event. Tickets are  $\in 15$  (plus booking fee) and are available to book on eventbrite.ie, search Maranatha. Doors open 6.45, with concert beginning at 7.30pm.

# Cork and Ross Diocesan Pilgrimage to Lourdes 2025

The diocesan pilgrimage to Lourdes this year will take place from Friday 19thSeptember to Wednesday 24th September. We will fly from Cork to Lourdes. Bookings are now open with Joe Walsh Tours on 01 2410 800 for anyone wishing as a pilgrim. Volunteers are also required: Doctors, Nurses, Care Assistants and Helpers (Adults and Young Adults aged between 18 to 25 years). For General Enquiries contact 085 2525 040 or Email: lourdes@corkandross.org

## Youth 2000 Retreat

The spring Munster Youth 2000 retreat will take place at Knockadoon Camp, Co. Cork from Friday evening 7th - Sunday 9th March. Everyone aged 16 - 35 is welcome to attend for all or part of the weekend. Donation only, suggested donation €75 pp (includes accommodation and meals). Please see www.youth2000.ie



# **Reflection for Parents**

Without satellite navigation or day planner, birds know when to migrate. They haven't planned their trip weeks in advance nor have they packed their belongings. They don't buy travel insurance in case something goes wrong. They just know to go. If we plan a big trip like that, we may find ourselves worrying about all the possible scenarios and take precautions to avoid problems. When we worry about things, we use a lot of energy that exhausts us and may not have been necessary in the first place. But what if there are really dangers lurking ahead? Ask yourself: What possible good can come from the situation if it works out in the way I worry that it will? What gift might God have for me if my plans don't go my way... if it's God's will and not mine that wins in the end?

Parish Number for Priest on Duty is: 087 4021357

The Lord Is Compassion And Love.

Visit Our Website: www.ballincolligparish.ie or Facebook www.facebook.com/BallincolligParish

## Sunday 02-March-2025

Frances Barry, Leamlara.

## THE BALLINCOLLIG PARISHIONER

## † IN SYMPATHY †

PLEASE PRAY FOR THE FAMILY AND FRIENDS OF THE RECENTLY DECEASED : Nora Caulfield, Roscommon & Millstreet. Danny Wallace, Farranree/Montenotte. Timothy Duggan, Millstreet/Killarney. Ann Corcoran, Manor Hall. Johnny Horgan, Castlepark.

PLEASE PRAY FOR THE REPOSE OF THE SOULS OF THE FOLLOWING WHOSE ANNIVERSARY OCCURS OR OTHERWISE REMEMBERED: Terry Kelly, The Crescent. Mary O'Connell, Main St. Derek O'Connell, Lisheen Fields. Ken Murphy, Kilnaglory/Greenfields. Sr. Phil Osbourne, Sister of Mercy, Blarney. Kay West, Douglas. Abbie O'Mahony, Main Road. Ann Aherne, Park Road. John Seymour, Park Road.

Edward O'Sullivan, Kilcorney. John Nyhan, Coolroe. Nora Barrett, Coolroe. Peter & Frances Moran, Beaumont Drive, Ballintemple.

First Reading: Sirach 27:4–7 In his conversation is the test of the man.

Second Reading: 1 Corinthians 15: 54–58 Thanks be to God who has given us the victory through our Lord Jesus Christ.

#### Gospel Reading: Luke 6:39-45

The third and final section of Luke's Sermon on the Plain begins: And he told them a parable. There are actually four parables, three of which we read today. They are all about how to be a good disciple. The blind cannot lead the blind. And a disciple cannot be a good disciple unless he or she has learned from the teacher. Everyone who is fully trained is like the teacher who knows how to cure the blind. Before you can be a good disciple and teach others you must take care of yourself. Do not try to take a speck out of your brother's eye until you have taken the board out of your own. Finally, only when you have purified yourself can you produce the good works that the teacher requires. Discipleship asks us to produce good deeds. But to produce them requires the integrity and purity of heart found in the teacher. When people see your good deeds they will know that this is because you have a good heart.

The Missionaries of the Sacred Heart Lourdes Pilgrimage The Missionaries of the Sacred Heart are going to Lourdes from the 25th-30th May 2025 from Cork. For more details please ring Mary at 021 454 6691 or email mary.morrish@mscmissions.ie

## Breakthrough Cancer Research

Have you ever dreamed of walking the Camino de Santiago? Breakthrough Cancer Research are taking on the 'Portuguese Way' from the 13th - 20th of June 2025. Starting in the charming town of Baiona, experience camaraderie and reflection as you walk toward Santiago de Compostela, creating lasting memories on this historic pilgrimage. You can enjoy this amazing adventure with our experienced guide and help Make More Survivors. For more information, please contact edel@breakcancer.ie or phone 021 422 66 55 for more details.

### **Envelope Collection**

The Irish Bishop's Commissions Collection will be taken up at all Masses next weekend 8th/9th March.

#### READINGS FOR THE WEEK

Eight Week In Ordinary Time

02 Sunday Eccles (Sir) 27:4-7. Ps 91:23, 13-16, R/ cf v 2. 1 Cor 15:54-58. Lk 6:39-45. Lect I: 859

03 Monday Eccles. (Sir) 17:24-29. Ps. 31. Mk. 10:17-27. Lect II: 94

04 Tuesday Eccles. (Sir) 35:1-12. Ps. 49. Mk. 10:28-31. Lect II: 96

05 Wednesday Joel. 2:12-18. Ps. 50. 2 Cor. 5:20-6:2. Mt. 6:1-6. 16-18. Lect I: 191

06 Thursday Deut. 30:15-20. Ps. 1. Lk. 9:22-25. Lect I: 194

07 Friday Is. 58: 1-9. Ps. 50. Mt. 9: 14-15. Lect I: 196

08 Saturday Is. 58:9-14. Ps. 85. Lk. 5:27-32. Lect I: 198

# Next Sunday's Readings 09-March-2025

Gen. 2:7-9, 3:1-7. Ps 50. Rom. 5:12-19. Mt. 4:1-11. Lect I: 201

	MASS TIMES	
St. Mary & St. John		Christ Our Light
8:30 am, 10 am	Sunday	11 am, 12:30 pm
9:30 am	Monday	No Mass
9:30 am	Tuesday	No Mass
9:30 am & 7:30 pm	Wednesday	8:30 am
9:30 am	Thursday	8:30 am
9:30 am & 7:30 pm	Friday	8:30 am
6:00 pm (Vigil)	Saturday	7:30 pm (Vigil)

## **Bulletin Board**

#### Coeliac Hosts

Low gluten hosts are available and suitable for Coeliac's Please inform the priest prior to Mass if possible if you require it.

### Adoration of the Blessed Sacrament

There will be Adoration of the Blessed Sacrament

at 3 pm to 4 pm in St. Mary & St. John's Church every Friday. *Meditation* 

Meditation continues in the Ballincollig Community Hall on Tuesday

#### New Evening Meditation Group

If you are interested in a short number of weeks to learn the technique of John Main Meditation. You can check it out on the app WCCM. This will be 30 mins in Duration. Beginning on Monday 3rd March at 7:30 pm in the Annexe of the Parish Hall, and will continue until Monday 7th April except 17th March. Please give your name and contact number to the Parish Office (Mon-Wed).

#### Ash Wednesday

Lent begins this Wednesday 5th March. There will be Mass in St. Mary & St. John's Church at 7.30pm Ash Wednesday. Ashes will be blessed and distributed at all Masses.

#### First Friday

Friday 7th March is the first Friday of the month. There is Mass in St Mary & St. John's church on Friday evening at 7.30pm. The priests of the parish visit the sick of the parish on the first Friday of each month; please let us know if you have a family member or neighbour who is sick or housebound.

### Mondays of Lent

There will be a short guided Meditation after Mass for approx. 10 mins. (for those who would like to remain in the church). Thank you to the Rosary group for allowing this to happen.