

THE PARISHIONER



Sunday 01-February-2026

Fourth Sunday In Ordinary Time

Our weaknesses and limitations can sometimes frustrate us, but they can also lead us to see our dependence on God. If we turn to him as the only source of our life and strength, his power will work through our weakness, and we will be blessed.

The Family of Parishes of: Ballincollig | Ballinora | Kilmurry | Ovens and Farran

St Brigid, Abbess, Secondary Patron of Ireland

Blessed are they who live the Beatitudes. They are blessed and know what makes true happiness. Blessed are they who are poor in spirit, leaving space and time for God in their lives, blessed are they who are gentle and kind, merciful and pure in heart. Blessed are they who hunger and thirst for justice, who work for peace. And blessed are they who suffer for Christ.

Brigid lived the Beatitudes. Born around the year 454 at Faughart, she followed her calling to consecrate her life to God. Tutored by Mel in Ardagh, she fostered that calling in many others. With Conleth, she founded the double monastery of Kildare. The interior spiritual life was given countless expression in a life marked by welcome of the stranger and hospitality to all, in her care for the sick and the poor, and in her concern for animals, nature and the Earth.

Brigid died on 1st February 524 and is buried in Downpatrick, with the other two patrons of Ireland, Patrick and Columba (Colmcille).

The first day of February is also the date of the Celtic festival of Imbolc, the beginning of a new season of hope and growth.

Brigid's reputation spread throughout Ireland and in many parts of Europe. The legend of her cloak expanding to meet the needs of her monastery, highlights the power of this fourth/fifth-century woman. The Brigid's Cross, woven from rushes, expressed her Christian faith and God's concern and protection given to us through the | prayers and intercession of Brigid.

The public holiday tomorrow is linked with the feast of our patron saint. It was established as a recognition of the enormous sacrifices made by our people and by frontline workers during the Covid 19 pandemic. With St Brigid we remember those who died, all who suffered in so many ways, and those who still suffer, and we express our gratitude to those who, like St Brigid, gave guidance, care and comfort.



St. Brigid's Blessing
May Brigid bless the house wherein you dwell
Bless every fireside every wall and door
Bless every heart that beats beneath its roof
Bless every hand that toils to bring it joy
Bless every foot that walks its portals through
May Brigid bless the house that shelters you.



World Day of the Sick 11th February 2026

Feast of Our Lady of Lourdes

Sickness comes to all our homes unless we are extremely lucky. Most of us have experienced sleepless nights at one time or another; a sick baby, child, parent, awaiting test results, visit to a GP, consultant or the serious illness of extended family or friends. You may be a carer for someone with special needs, chronic illness or in the Medical Profession. Each year the church sets aside the 11th February, Feast of Our Lady of Lourdes, as a special day of prayer for the Sick. In our family of Parishes, Ballinora, Farran and Ovens have had the opportunity to celebrate World Day of the Sick and host the Sacrament of the Sick over the last three years. This year it will be Celebrated in Christ Our Light Church in Ballincollig, where we will have the opportunity to pray for the sick and receive the Sacrament of the Sick.

For anyone with a serious illness, those who are infirm, in advanced years, or anyone prior to surgery, maybe someone struggling with addiction and obviously anyone in danger of death, the words of blessing over the oil say it all. It is "oil intended to ease the sufferings of your people". Oil soothes and heals. Oil blessed for the Sick is a sign of the Anointed One (Messiah) of God. The oil that is used is Olive Oil. The Bishop and priests bless it at the "Chrism Mass on Holy Thursday in the Cathedral. The Holy Oils are taken back to each parish for use during the following 12 months. A person is anointed on the forehead and the palms of the hands while the priest says: "Through this holy anointing may the Lord in his love and mercy help you by the grace of the Holy Spirit. May the lord who heals you, save you and raise you up"

Please consider offering a lift to a neighbour, or someone less able, on the 11th to get to Christ Our Light Church at 7:30pm.

Ballincollig Parish Number for Priest on Duty is: 087 4021357 & Parish office Telephone is 089 4008181 Mon - Wed. 9.00am - 12.30pm

My lips will tell of your help.

Visit Our Website: www.ballincolligparish.ie or Facebook www.facebook.com/BallincolligParish

† IN SYMPATHY †
 PLEASE PRAY FOR THE FAMILY AND FRIENDS OF THE RECENTLY
 DECEASED :
 Margaret (Mags) Connolly, Leeview/Waterfall.
 Patricia Carroll, Castlepark/Waterfall.
 Noreen Murphy, Lee Rd./Drimoleague.
 Sheila O'Connor, Glincool/Coachford.
 Barry Greene, Dripsey/Geneva.
 Sheila Murphy, Macroom.
 Rose O Sullivan, Manor Hill.
 Canon David Herlihy, Freemount & Diocese of Cloyne.

PLEASE PRAY FOR THE REPOSE OF THE SOULS OF THE FOLLOWING
 WHOSE ANNIVERSARY OCCURS:

Mary O'Mahony, Castlepark/Farran.
 Eddie O'Donovan, Station Rd.
 Eileen & Arthur Gardiner, Grenagh.
 Ben Bourke, Limeworth.
 John Kelliher, Rosewood.
 Seán Feeney, Rosewood/Cobh.
 Ena Bunyan, Listowel.
 Timothy O'Keeffe, Muskerry Est.
 Maireád & William Boyce, Milford.
 Eileen Farrell, Maglin.
 Dec. Mem. of the Reilly & Hanney families.
 Martin & Eily Murphy, Hodder's Villas.
 Julia (Louie) O'Leary, Knockburden.
 Con & Kitty McCarthy, Poulavone.
 Jack, Claire & Liam Horgan, Gurranabraher.
 Kimberly McCarthy, Beech Park.
 Pat Spillane, Willow Drive.
 Thomas Reck, Innishmore.
 Sheila O'Mahony, Coachford/Ballyvolane.
 Margaret Sheehan, Kilmurray.
 Pat Keane, Freemount.
 Christy Curran, Courtmacsherry.
 Bernard Curran, Ballincollig.
 Conn O'Brien, Ovens.
 Jeremiah McDonnell, Killeen, Donoughmore.

Lourdes Pilgrimage Fund Annual Collection 2026

The annual collection for the Diocesan Sick/Assisted Lourdes Pilgrimage Fund will be taken up at all Masses on the weekend of 7th/8th February 2026.

The Cork and Ross Diocesan Pilgrimage to Lourdes will take place from Friday 18th September to Wednesday 23rd September this year. People are encouraged to join the pilgrimage as helpers (male and female), nurses and doctors to assist pilgrims in Lourdes. Further information is available on the Cork and Ross Diocesan Website, by emailing: lourdes@corkandross.org or by ringing 085 252 5040. There has always been great support for the Lourdes Pilgrimage Fund and your support and continued generosity for the collection on 7th/8th February is greatly appreciated.

Mass Animated by Young Adults

A particular welcome to young adults

A Mass animated by young adults takes place on the second Sunday of each month, with the next celebration on Sunday, 8th February at 7pm in Ss Peter and Paul's Church. While all are welcome, there is a particular invitation to young adults.

Hosted by the City Centre Family of Parishes, this Mass offers a welcoming space for young adults to gather, pray and grow in faith together. There will be refreshments available after in the parish centre.

All welcome

READINGS FOR THE WEEK

Fourth Week In Ordinary Time

01 Sunday Zech. 2:3; 3:12-13. Ps. 145.1 Cor. 1:26-31. Mt. 5: 1-12. Lect I: 647
 02 Monday Mal. 3: 1-4 or Heb. 2: 14-18. Ps. 23. Lk. 2:22-40. Lect I: 967 or II: 940
 03 Tuesday 2 Sam. 18:9-19:3. Ps. 85. Mk. 5:21-43. Lect II: 500
 04 Wednesday 2 Sam. 24:2,9-17. Ps. 31. Mk. 6:1-6. Lect II: 503
 05 Thursday 1 K. 2:1-4,10-12. Ps. 1 Chr. 29. Mk. 6:7-13. Lect II: 506
 06 Friday Eccles (Sir). 47:2-11. Ps. 17. Mk. 6:14-29. Lect II: 508
 07 Saturday 1 K. 3:4-13. Ps. 118. Mk. 6:30-34. Lect II: 510

Next Sunday's Readings 08-February-2026

Is. 58:7-10. Ps. 111. 1 Cor. 2:1-5. Mt. 5:13-16 Lect I: 650

MASS TIMES

St. Mary & St. John	Christ Our Light
8:30 am, 10 am	Sunday 11 am, 12:30 pm
9:30 am	Monday No Mass
9:30 am	Tuesday No Mass
9:30 am	Wednesday 8:30 am
9:30 am	Thursday 8:30 am
9:30 am & 7:30 pm	Friday 8:30 am
6:00 pm (Vigil)	Saturday 7:30 pm (Vigil)

Ballincollig Bulletin Board

Coeliac Hosts

Low gluten hosts are available and suitable for Coeliac's. Please inform the priest prior to Mass if possible if you require it.

Adoration of the Blessed Sacrament

There will be Adoration of the Blessed Sacrament at 3p.m. until 4p.m. in St. Mary & St. John's Church every Friday.

Meditation

Meditation continues in the Ballincollig Community Hall on Tuesday morning after 9.30am Mass. New members welcome.

First Friday

Friday 6th February is the first Friday of the month. There is Mass in St Mary & St. John's church on Friday evening at 7.30pm. The priests of the parish visit the sick of the parish on the first Friday of each month; please let us know if you have a family member or neighbour who is sick or housebound.

St. Brigid's Day

Sunday, 1st February is St. Brigid's Day.

Monday, 2nd February is a public holiday. We also celebrate The Presentation of the Lord & World Day for Consecrated Life. Mass will be celebrated at 9.30am in St. Mary & St. John's Church.

The Feast of St. Blaise

The Feast of St. Blaise is on Tuesday, 3rd February. There will be 9.30am Mass in St. Mary & St. John's Church. There will be blessing of the throats at this Mass.